



**Virtual Activity:  
TAPS Good Grief Camp at Home**

Activity Created/Presented by

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Activity Name

We've Found Bigfoot

Age Group

All-Ages (4-18)

Description

There's been a bigfoot sighting right outside your door. This is a unique way to get your kids up and active, show their creative side, and get a little silly.

Instructions:

1. Cut your cardboard into 2 feet by 2 feet squares.
2. Have your kids draw huge feet on the cardboard, making sure to draw one right foot and one left foot.
3. Use your markers or other coloring supplies to decorate the feet. Make them hairy, scary, or give Bigfoot a pedicure.
4. Cut out the feet.
5. Tape your flip flops to the cardboard. Make sure they are tape down really well.
6. Setup a start and finish line.....let the bigfoot races begin!

Supplies Needed:

- Cardboard boxes
- Markers
- Tape
- Scissors
- Flip-Flops

Adaptations:

Reference/s:

Camp OshKosh:

[https://oshkosh.s3.amazonaws.com/CampOshkosh/OKB\\_CampOKB\\_Activity\\_BigFoot\\_Race.pdf](https://oshkosh.s3.amazonaws.com/CampOshkosh/OKB_CampOKB_Activity_BigFoot_Race.pdf)