

# **April Is The Month Of The Military Child**

"Our children are the living legacies of American service and sacrifice. The lives of those they love, remember, and honor are carved into their souls, imprinted on their hearts, and woven into the fabric of who they will become. At the TAPS Good Grief Camps, our children find that they are not alone in their grief. They reconnect with their loved one's life and service through partnerships with TAPS Military Mentors while learning coping strategies for their grief. TAPS is America's family, and during this Month of the Military Child, we honor our youngest grievers – the children of our nation's fallen heroes."

Bonnie Carroll TAPS President and Founder



# **TAPS Resources Available For Surviving Children And Their Families:**

TAPS Youth Programs
TAPS Young Adults Program
Online Group: Parenting Grieving Children
Education Assistance
And, so much more! Learn more at taps.org.



# DID YOU KNOW...?

If one of your goals is pursuing education opportunities, **TAPS Education Support Services** is here to help. Our team can help explain benefits, work with you to align resources with your education goals, provide talking points for schools, and support you as your move into the next phase of your life.

Tips On How You Can Navigate The Post-Secondary Education Process and Ways That TAPS Can Be Of Support



**We want to hear from you!** We want to feature the words and thoughts of our survivors during May and Memorial Day. TAPS will consider pieces received by April 30th for use on our blog, social media, and website.

# Here are some suggested prompts.

- 1. What does Memorial May/Day mean to you?
- 2. What are your Memorial Day traditions?
- 3. How will you be honoring your loved one on this Memorial Day?





# **Sports & Entertainment**

Our **teams4taps** program was created to provide opportunities for you to honor your fallen heroes with the teams they used to cheer for. Do you have a favorite sports memory with your loved one? We would love to hear it!

Please share your stories and/or photos with us by emailing **teams4taps@taps.org**.



At the Institute, practical information on coping with loss is accessible to all who seek current strategies, the most effective tools, and best practices for supporting those who are grieving and those who serve the grieving. Join us for:

# Finding Your Voice Through Writing

Tuesday, April 12 at 12 PM Eastern

### **Webinar Archives**

Missed a Webinar? Visit our free on-demand library 24/7 to access recorded TAPS Institute webinars.



# Carry The Load with your TAPS Family during "Memorial May"

Join your TAPS family in locations nationwide for Carry The Load as we walk to honor our heroes nationwide during "Memorial May." We will meet up to walk as a TAPS Family at TAPS Togethers in six locations. You can also select a location near your home along one of the five National Relay Routes to join in. Carry the Load kicks off on April 28.



**Learn More And Register** 



# 28th Annual National Military Survivor Seminar and Good Grief Camp

In-Person and Online Options Available May 27 - 30, 2022 Arlington, Virginia

# Mountain Regional Military Survivor Seminar and Good Grief Camp

In-Person and Online Options Available
July 8 - 10, 2022
Denver, Colorado

# **Tennessee Family Camp**

September 9 - 12, 2022 Bolivar, Tennessee

# **TAPS Women's Empowerment Summit**

September 19 - 23, 2022 Maumee, Ohio

# **California Family Camp**

November 3 - 7, 2022 Julian, California

Refer to the TAPS Event Calendar for information about additional upcoming events.

# **Online Groups**

By Relationship, Cause of Death & Peer Group

Click the Calendar Below To Learn More and Register For Your Online Group

#### ONLINE GROUPS - APRIL 2022 TUESDAY, APRIL 12TH WEDNESDAY, APRIL 6TH MONDAY, APRIL 11TH WEDNESDAY, APRIL 13TH Surviving Parents 8 PM ET Women's Circle Spanish Speaking Survivors 6:30 PM or 9 PM ET Noon and 7 PM ET Parents of Suicide Loss Surviving Siblings 9 PM ET Parenting Grieving Children 7 PM ET Spouses, Partners, Fiances, & Young Adults Social Hour **Moms Mentoring Moms** Significant Others 8 PM ET WEDNESDAY, APRIL 20TH MONDAY, APRIL 25TH WEDNESDAY, APRIL 27TH MONDAY, APRIL 18TH **Accident Loss Survivors ALL Survivors Welcome** 7 PM ET 8 PM ET Combat Loss Survivors Men Peer Mentors 8 PM ET 9 PM ET 8 PM ET 10 PM ET Illness Loss Survivors Suicide Loss Survivors

# **Online Workshops**

Registration is Open Now

Coping Skills (Creative): What We Show And What We Hide - Mask Making Thursday, April 14, 12 PM - 2 PM Eastern

Young Adults: Let's Talk Grief Wednesday, April 20 8 PM Eastern

Coping Skills (Movement): Self-Soothing Ways To Find Comfort And Restoration Thursday, April 28, 12 PM - 2 PM Eastern

# **Online Series**

Registration is Open Now

# **Online Series: New To Grief**

(3 years or less from loss)
Tuesdays at 7 PM Eastern
April 5, 12 and 19

# **Online Group: Mom's Mentoring Moms**

2nd Wednesdays at 8 PM Eastern Begins April 13

# T\*A\*P\*S is, here for you

TAPS will always be here for you 24/7.

There are so many ways to connect with your peers and professional support - to connect with someone who cares.

# National Survivor 24/7 Helpline: 800.959.8277

Our TAPS National Military Helpline consists of a network of trained professionals who are on call 24/7. We will always answer.

# **Connect To Peer Support**

Connecting with a Peer Mentor means you'll never walk alone.

# Find a Grief Counselor

Finding the right fit when it comes to counseling is important. We can help.

# **Online Community**

TAPS online groups are here for you wherever you are in your grief— and wherever you are in the country or the world.

# Subscribe to receive the TAPS Daily Reflection with Dr. Alan Wolfelt.

This daily email is subscription-based and will deliver the power of hope and comfort to you.

# Follow us on social!









