"Those whom we love are no longer where they were before.

They are now wherever we are.."

— St. John Chrysostom



**June 2024** 

## HEAL



### 30th Annual National Military Survivor Seminar and Good Grief Camp

TAPS was honored to spend Memorial Day weekend with so many of you at the 30th Annual National Military Survivor Seminar and Good Grief Camp in Arlington, Virginia. It was a weekend full of healing together, honoring our heroes, and making connections and memories we can carry with us always. We are grateful to the entertainers, athletes, grief and mental health experts, and government and military leaders who spent the weekend with us, including Chairman of the Joint Chiefs of Staff General Brown whose presence and remarks reminded us all of the U.S. military's commitment to supporting the families of the fallen through TAPS.

Whether you spent Memorial Day weekend surrounded by us in Arlington or honored your hero in another meaningful way, we hope that you felt the support of your TAPS Family and a grateful nation.

# HONOR



#### 10k for Dad

In 2023, Surviving Daughter Janet Kramer ran the 2023 Marine Corps Marathon 10K with Team TAPS in honor of her dad, MGySgt Jerry Gooch, a retired U.S. Marine who passed away in March of 2021. Each mile awakened precious memories of running with her dad, and she was proud to run alongside Team TAPS teammates. Interested in running with the Marines and Team TAPS this year? **Team TAPS registration** for the Marine Corps Marathon and 10K is now open. Learn more about the **Team TAPS mission**, or click the button below to read Janet's inspiring story.

**Keep Reading** 

# LEARN



**Raising Bereaved Children** 

As the school year gives way to summer vacation, it's a great time to focus on family. Our TAPS Youth Programs Senior Advisor Andy McNiel reminds us that — especially in grief — we can't do it all, but parents and guardians can work with their children to prioritize a few key family values to nurture into habits over the summer. To help you get started, he's shared five family values you may want to adopt.

**Learn More** 

# REFLECT



#### **Carry the Load**

All across the country throughout the month of May, TAPS families participated in Carry the Load events honoring the fallen during their Memorial May campaign. Each event was an opportunity to share stories, honor heroes, and connect with other local survivors. Mark your calendars to participate next May.



### **Sports & Entertainment**

Over Memorial Day weekend, TAPS families were welcomed at events around the country to honor their loved ones in very special ways. From Carnegie Hall, to NASCAR, to Major League Baseball ballparks up and down the eastern U.S., **teams4taps** and **stars4taps** were proud to create these special moments with support from the sports and entertainment industries.

## PLAN



Register for a Military Survivor Seminar and Good Grief Camp

Join your TAPS family for a healing weekend at one of our seminars and Good Grief Camps. In addition to these core events, TAPS hosts unique experiences around the country throughout the year. Check **taps.org/events** regularly for new opportunities to connect with your TAPS family, and check out the **TAPS Care Groups** and **TAPS Togethers** happening near you for support close to home.

Western Regional Military Survivor Seminar and Good Grief Camp July 26-28, Scottsdale, Arizona

Northeast Regional Military Survivor Seminar and Good Grief Camp August 23-25, Buffalo, New York

Southern Regional Military Survivor Seminar and Good Grief Camp October 4-6, San Antonio, Texas

Southeast Regional Military Survivor Seminar and Good Grief Camp November 15-17, Destin, Florida

**Register for a Seminar** 



#### **Online Groups**

By Relationship, Peer Group, & Type of Loss

#### **Find a Group**



#### **Team TAPS Events**

Honoring Loved Ones at Events
Nationwide

#### **Join the Team**



#### **Youth Programs**

In-Person & Online Events
School-Aged Survivors and Parents

**Browse Events** 



#### **Community Events**

TAPS Togethers, Care Groups, & Events
Happening Nationwide, Year-Round

#### **Find an Event**



#### **Young Adults Events**

In-Person & Online Events
Survivors Ages 18-30

#### **Find an Event**



#### **TAPS Institute**

Workshops, Seminars, & Discussions for the Bereaved and their Supporters

**Browse Courses** 

## SUPPORT



### Host a Facebook Fundraiser to Honor Your Hero and Support TAPS

When you host a Facebook fundraiser for TAPS, you are not only raising funds that support fellow survivors, you are sharing your loved one's story and keeping their memory present. Host a fundraiser now to carry forward the significance of Memorial Day or around significant dates, like birthdays or anniversaries, to honor a special day for you and the hero you carry in your heart.

**Honor Your Hero** 

Compassionate TAPS support is available 24/7 via our National Military Survivor Helpline: **800-959-TAPS** (8277).



**Donate** 









